

1	Ea Hvidberg Tofte					39					16:39				
00:08=	01:02=	04:05=	05:51=	07:59=	10:58=	11:50=	14:47=	15:35=	16:26=	16:39=					
00:08=	00:54=	03:03=	01:46=	02:08=	02:59=	00:52=	02:57=	00:48=	00:51=	00:13=					
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=					
2	Jennifer Langemose					41					18:13				
00:10+	00:47-	04:29+	06:46+	08:50+	10:49-	13:12+	16:01+	16:52+	18:01+	18:13+					
00:10+	00:37-	03:42+	02:17+	02:04-	01:59-	02:23+	02:49-	00:51+	01:09+	00:12-					
00:02#	00:17-	00:39#	00:31&	00:04-	01:00-	01:31@	00:08-	00:03+	00:18&	00:01-					
3	Laura Byskov Høgh					58					24:28				
00:20+	02:05+	06:46+	10:09+	13:16+	16:23+	18:05+	22:28+	23:42+	24:11+	24:28+					
00:20+	01:45+	04:41+	03:23+	03:07+	03:07+	01:42+	04:23+	01:14+	00:29-	00:17+					
00:12@	00:51&	01:38&	01:37&	00:59&	00:08+	00:50&	01:26&	00:26&	00:22-	00:04&					
4	Othilie Opsal Buch					42					24:30				
00:20+	01:34+	05:15+	08:03+	11:18+	15:30+	17:31+	21:14+	22:51+	24:13+	24:30+					
00:20+	01:14+	03:41+	02:48+	03:15+	04:12+	02:01+	03:43+	01:37+	01:22+	00:17+					
00:12@	00:20&	00:38#	01:02&	01:07&	01:13&	01:09@	00:46&	00:49@	00:31&	00:04&					
5	Tilde Kjeldgaard					24					30:17				
00:10+	01:43+	16:13+	19:05+	22:01+	24:17+	25:32+	28:37+	29:21+	30:00+	30:17+					
00:10+	01:33+	14:30+	02:52+	02:56+	02:16-	01:15+	03:05+	00:44-	00:39-	00:17+					
00:02#	00:39&	11:27@	01:06&	00:48&	00:43-	00:23&	00:08+	00:04-	00:12-	00:04&					
6	Eirin Thygesen Alvestad					26					39:08				
00:32+	01:38+	07:48+	10:43+	15:47+	25:12+	26:49+	32:17+	34:04+	38:50+	39:08+					
00:32+	01:06+	06:10+	02:55+	05:04+	09:25+	01:37+	05:28+	01:47+	04:46+	00:18+					
00:24@	00:12#	03:07@	01:09&	02:56@	06:26@	00:45&	02:31&	00:59@	03:55@	00:05&					

Beste stræktid for klassen

00:08	00:37	03:03	01:46	02:04	01:59	00:52	02:49	00:44	00:29	00:12
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D12

1	Carolina Langemose					41					11:25				
00:05=	00:39=	03:49=	05:01=	06:18=	07:30=	08:16=	10:12=	10:47=	11:14=	11:25=					
00:05=	00:34=	03:10=	01:12=	01:17=	01:12=	00:46=	01:56=	00:35=	00:27=	00:11=					
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=					
2	Ida Øverøyen Balchen					38					13:54				
00:06+	00:46+	03:11-	04:40-	06:13-	08:32+	09:24+	11:54+	12:46+	13:41+	13:54+					
00:06+	00:40+	02:25-	01:29+	01:33+	02:19+	00:52+	02:30+	00:52+	00:55+	00:13+					
00:01#	00:06#	00:45-	00:17#	00:16#	01:07&	00:06#	00:34&	00:17&	00:28@	00:02#					
3	Tora Natås Stokseth					36					17:16				
00:34+	01:05+	02:56-	03:57-	10:14+	12:24+	13:09+	15:09+	15:44+	17:05+	17:16+					
00:34+	00:31-	01:51-	01:01-	06:17+	02:10+	00:45-	02:00+	00:35=	01:21+	00:11=					
00:29@	00:03-	01:19-	00:11-	05:00@	00:58&	00:01-	00:04+	00:00=	00:54@	00:00=					

Beste stræktid for klassen

00:05	00:31	01:51	01:01	01:17	01:12	00:45	01:56	00:35	00:27	00:11
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Plass	Navn	Klasse	Tid
D12B			
1	Marlene Knoop	54	15:41
00:05=	00:39=	02:52=	04:59=
00:05=	00:34=	02:13=	02:07=
00:00=	00:00=	00:00=	00:00=
Beste stræktid for klassen			
00:05	00:34	02:13	02:07
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
D14			
1	Ada Josefine Knoop	54	14:27
00:29=	01:24=	01:51=	04:12=
00:29=	00:55=	00:27=	02:21=
00:00=	00:00=	00:00=	00:00=
2	Freja Kjeldgaard	24	17:29
00:29=	01:40+	03:11+	05:21+
00:29=	01:11+	01:31+	02:10-
00:00=	00:16&	01:04@	00:11-
Beste stræktid for klassen			
00:29	00:55	00:27	02:10
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
D14B			
1	Julia Damsgaard	22	11:09
00:05=	00:33=	02:26=	03:40=
00:05=	00:28=	01:53=	01:14=
00:00=	00:00=	00:00=	00:00=
2	Ingrid Damsgaard	22	12:39
00:06+	01:00+	03:20+	04:52+
00:06+	00:54+	02:20+	01:32+
00:01#	00:26&	00:27#	00:18#
Beste stræktid for klassen			
00:05	00:28	01:53	01:14
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
D16			
1	Hannah Damsgaard	22	17:36
00:15=	01:01=	02:12=	03:42=
00:15=	00:46=	01:11=	01:30=
00:00=	00:00=	00:00=	00:00=
2	Una Nomeland	8	18:30
00:32+	01:21+	02:55+	04:25+
00:32+	00:49+	01:34+	01:30=
00:17@	00:03+	00:23&	00:00=

Plass	Navn	Klasse	Tid
D16			

3	Isabella Gotfred-Iversen											39	21:34	
00:17+	01:31+	02:50+	04:24+	08:24+	10:13+	12:14+	12:53+	14:40+	18:05+	20:55+	21:21+	21:34+		
00:17+	01:14+	01:19+	01:34+	04:00+	01:49+	02:01+	00:39+	01:47+	03:25+	02:50+	00:26+	00:13+		
00:02#	00:28&	00:08#	00:04+	00:40#	00:15#	00:08+	00:01+	00:29&	00:34#	01:03&	00:04#	00:02#		

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D21

1	Mathilde Smedegaard Madsen										70	15:33									
00:34=	01:38=	01:59=	04:50=	05:58=	06:16=	06:37=	07:07=	07:33=	08:47=	09:34=	10:17=	10:58=	11:28=	12:14=	12:45=	13:56=	14:54=	15:20=	15:33=		
00:34=	01:04=	00:21=	02:51=	01:08=	00:18=	00:21=	00:30=	00:26=	01:14=	00:47=	00:43=	00:41=	00:30=	00:46=	00:31=	01:11=	00:58=	00:26=	00:13=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Randi Sønderby Petersen										Ok Pan	18:33									
00:48+	02:00+	02:21+	05:47+	07:00+	07:23+	07:49+	08:25+	08:52+	10:17+	11:13+	12:08+	12:52+	13:34+	14:35+	15:15+	16:36+	17:44+	18:23+	18:33+		
00:48+	01:12+	00:21=	03:26+	01:13+	00:23+	00:26+	00:36+	00:27+	01:25+	00:56+	00:55+	00:44+	00:42+	01:01+	00:40+	01:21+	01:08+	00:39+	00:10-		
00:14&	00:08#	00:00=	00:35#	00:05+	00:05&	00:05#	00:06#	00:01+	00:11#	00:09#	00:12&	00:03+	00:12&	00:15&	00:09&	00:10#	00:10#	00:13&	00:03-		
3	Ann Britt Buhl Væрге										Ok Pan	26:12									
01:00+	02:50+	03:29+	08:47+	10:24+	11:28+	11:47+	12:47+	13:19+	14:47+	15:44+	16:33+	17:23+	18:00+	19:19+	20:57+	23:12+	25:33+	25:59+	26:12+		
01:00+	01:50+	00:39+	05:18+	01:37+	01:04+	00:19-	01:00+	00:32+	01:28+	00:57+	00:49+	00:50+	00:37+	01:19+	01:38+	02:15+	02:21+	00:26=	00:13=		
00:26&	00:46&	00:18&	02:27&	00:29&	00:46@	00:02-	00:30&	00:06#	00:14#	00:10#	00:06#	00:09#	00:07#	00:33&	01:07@	01:04&	01:23@	00:00=	00:00=		

Beste stræktid for klassen

00:34	01:04	00:21	02:51	01:08	00:18	00:19	00:30	00:26	01:14	00:47	00:43	00:41	00:30	00:46	00:31	01:11	00:58	00:26	00:10
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D21B

1	Line Marie Østerhus											14	16:46
00:40=	01:40=	02:28=	05:11=	06:11=	07:42=	10:04=	12:03=	13:51=	16:07=	16:35=	16:46=		
00:40=	01:00=	00:48=	02:43=	01:00=	01:31=	02:22=	01:59=	01:48=	02:16=	00:28=	00:11=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Tina Gotfred-Iversen											39	17:12
00:50+	01:54+	03:01+	05:33+	06:17+	07:58+	10:14+	12:16+	14:06+	16:16+	16:57+	17:12+		
00:50+	01:04+	01:07+	02:32-	00:44-	01:41+	02:16-	02:02+	01:50+	02:10-	00:41+	00:15+		
00:10#	00:04+	00:19&	00:11-	00:16-	00:10#	00:06-	00:03+	00:02+	00:06-	00:13&	00:04&		
3	Claudia Nissen											40	20:27
01:01+	02:13+	03:26+	06:35+	07:24+	09:11+	12:13+	14:35+	16:48+	19:35+	20:11+	20:27+		
01:01+	01:12+	01:13+	03:09+	00:49-	01:47+	03:02+	02:22+	02:13+	02:47+	00:36+	00:16+		
00:21&	00:12#	00:25&	00:26#	00:11-	00:16#	00:40&	00:23#	00:25#	00:31#	00:08&	00:05&		
4	Hanne Bech											Ok73	26:27
01:05+	03:53+	05:52+	09:20+	10:18+	12:40+	15:47+	18:26+	21:01+	24:23+	25:20+	26:27+		
01:05+	02:48+	01:59+	03:28+	00:58-	02:22+	03:07+	02:39+	02:35+	03:22+	00:57+	01:07+		
00:25&	01:48@	01:11@	00:45&	00:02-	00:51&	00:45&	00:40&	00:47&	01:06&	00:29@	00:56@		

Beste stræktid for klassen

00:40	01:00	00:48	02:32	00:44	01:31	02:16	01:59	01:48	02:10	00:28	00:11
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Plass	Navn	Klasse	Tid
D21C			
1	Siri Coward	48	25:19
00:31= 03:55= 07:35= 09:41= 12:15= 14:56= 17:29= 23:00= 24:02= 25:19= 00:31= 03:24= 03:40= 02:06= 02:34= 02:41= 02:33= 05:31= 01:02= 01:17= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
Beste stræktid for klassen			
00:31 03:24 03:40 02:06 02:34 02:41 02:33 05:31 01:02 01:17			
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
D35			
1	Nanna Hvidberg Tofte	39	20:59
00:38= 01:31= 02:50= 04:31= 08:42= 10:29= 12:37= 13:11= 14:27= 17:58= 20:13= 20:45= 20:59= 00:38= 00:53= 01:19= 01:41= 04:11= 01:47= 02:08= 00:34= 01:16= 03:31= 02:15= 00:32= 00:14= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
Beste stræktid for klassen			
00:38 00:53 01:19 01:41 04:11 01:47 02:08 00:34 01:16 03:31 02:15 00:32 00:14			
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
D35B			
1	Nina Tøndevold	29	15:50
00:53= 01:50= 02:19= 04:56= 05:34= 07:06= 09:26= 11:16= 13:02= 15:07= 15:38= 15:50= 00:53= 00:57= 00:29= 02:37= 00:38= 01:32= 02:20= 01:50= 01:46= 02:05= 00:31= 00:12= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
2	Anne Moian Nydal	Røyken	22:05
01:01+ 02:29+ 03:11+ 06:43+ 07:37+ 09:49+ 12:49+ 15:28+ 18:00+ 21:05+ 21:50+ 22:05+ 01:01+ 01:28+ 00:42+ 03:32+ 00:54+ 02:12+ 03:00+ 02:39+ 02:32+ 03:05+ 00:45+ 00:15+ 00:08# 00:31& 00:13& 00:55& 00:16& 00:40& 00:40& 00:49& 00:46& 01:00& 00:14& 00:03#			
Beste stræktid for klassen			
00:53 00:57 00:29 02:37 00:38 01:32 02:20 01:50 01:46 02:05 00:31 00:12			
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
D40			
1	Maja Berger	8	19:47
00:49= 01:37= 03:09= 04:43= 07:59= 09:19= 11:05= 11:35= 12:31= 17:07= 19:07= 19:35= 19:47= 00:49= 00:48= 01:32= 01:34= 03:16= 01:20= 01:46= 00:30= 00:56= 04:36= 02:00= 00:28= 00:12= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
2	Ulla R. Pallesen	Ok Syd	20:25
00:24- 01:17- 02:37- 04:13- 07:49- 09:28+ 11:47+ 12:26+ 14:03+ 17:22+ 19:39+ 20:09+ 20:25+ 00:24- 00:53+ 01:20- 01:36+ 03:36+ 01:39+ 02:19+ 00:39+ 01:37+ 03:19- 02:17+ 00:30+ 00:16+ 00:25- 00:05# 00:12- 00:02+ 00:20# 00:19# 00:33& 00:09& 00:41& 01:17- 00:17# 00:02+ 00:04&			
3	Helle Termansen	Ok Syd	26:57
00:25- 01:36- 03:26+ 05:42+ 10:42+ 13:02+ 15:42+ 16:32+ 18:02+ 22:20+ 25:56+ 26:39+ 26:57+ 00:25- 01:11+ 01:50+ 02:16+ 05:00+ 02:20+ 02:40+ 00:50+ 01:30+ 04:18- 03:36+ 00:43+ 00:18+ 00:24- 00:23& 00:18# 00:42& 01:44& 01:00& 00:54& 00:20& 00:34& 00:18- 01:36& 00:15& 00:06&			

Plass	Navn	Klasse											Tid
D40													
Beste stræktid for klassen													
00:24	00:48	01:20	01:34	03:16	01:20	01:46	00:30	00:56	03:19	02:00	00:28	00:12	
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.													
D45													
1	Pernille Buch					42							15:56
00:18=	01:05=	02:10=	03:32=	06:36=	07:56=	09:35=	10:04=	11:01=	13:37=	15:22=	15:45=	15:56=	
00:18=	00:47=	01:05=	01:22=	03:04=	01:20=	01:39=	00:29=	00:57=	02:36=	01:45=	00:23=	00:11=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Monica Berglund					57							22:09
00:25+	01:23+	02:55+	04:35+	08:03+	09:52+	11:47+	12:35+	14:40+	17:44+	21:11+	21:55+	22:09+	
00:25+	00:58+	01:32+	01:40+	03:28+	01:49+	01:55+	00:48+	02:05+	03:04+	03:27+	00:44+	00:14+	
00:07&	00:11#	00:27&	00:18#	00:24#	00:29&	00:16#	00:19&	01:08@	00:28#	01:42&	00:21&	00:03&	
3	Ida Natås					36							23:00
00:25+	01:40+	03:31+	05:17+	09:28+	11:23+	13:45+	14:31+	15:06+	16:24+	19:50+	22:17+	22:48+	23:00+
00:25+	01:15+	01:51+	01:46+	04:11+	01:55+	02:22+	00:46+	00:35-	01:18-	03:26+	02:27+	00:31+	00:12+
00:07&	00:28&	00:46&	00:24&	01:07&	00:35&	00:43&	00:17&	00:22-	01:18-	01:41&	02:04@	00:20@	00:12+
Beste stræktid for klassen													
00:18	00:47	01:05	01:22	03:04	01:20	01:39	00:29	00:35	01:18	01:45	00:23	00:11	
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.													
D50													
1	Gitte R. Christoffersen					69							15:15
00:41=	01:00=	01:59=	05:56=	06:26=	07:01=	08:10=	09:41=	11:43=	12:12=	14:29=	15:00=	15:15=	
00:41=	00:19=	00:59=	03:57=	00:30=	00:35=	01:09=	01:31=	02:02=	00:29=	02:17=	00:31=	00:15=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Inger Marie Damsgaard					22							16:47
00:34-	00:59-	02:02+	06:05+	06:43+	07:09+	08:28+	10:17+	12:49+	13:15+	16:09+	16:36+	16:47+	
00:34-	00:25+	01:03+	04:03+	00:38+	00:26-	01:19+	01:49+	02:32+	00:26-	02:54+	00:27-	00:11-	
00:07-	00:06&	00:04+	00:06+	00:08&	00:09-	00:10#	00:18#	00:30#	00:03-	00:37&	00:04-	00:04-	
3	Eldrid Hågård Aas					53							17:29
00:48+	01:09+	02:20+	06:42+	07:26+	07:53+	09:20+	11:14+	13:26+	13:57+	16:46+	17:17+	17:29+	
00:48+	00:21+	01:11+	04:22+	00:44+	00:27-	01:27+	01:54+	02:12+	00:31+	02:49+	00:31=	00:12-	
00:07#	00:02#	00:12#	00:25#	00:14&	00:08-	00:18&	00:23&	00:10+	00:02+	00:32#	00:00=	00:03-	
4	Mette Møller Nielsen					Akif							18:01
00:43+	01:03+	02:13+	06:33+	07:10+	07:36+	09:02+	10:59+	13:42+	14:13+	17:11+	17:45+	18:01+	
00:43+	00:20+	01:10+	04:20+	00:37+	00:26-	01:26+	01:57+	02:43+	00:31+	02:58+	00:34+	00:16+	
00:02+	00:01+	00:11#	00:23+	00:07#	00:09-	00:17#	00:26&	00:41&	00:02+	00:41&	00:03+	00:01+	
5	Simona Weber					72							18:49
01:03+	01:41+	02:48+	07:19+	08:36+	09:29+	10:40+	12:19+	14:30+	14:56+	17:54+	18:38+	18:49+	
01:03+	00:38+	01:07+	04:31+	01:17+	00:53+	01:11+	01:39+	02:11+	00:26-	02:58+	00:44+	00:11-	
00:22&	00:19&	00:08#	00:34#	00:47@	00:18&	00:02+	00:08+	00:09+	00:03-	00:41&	00:13&	00:04-	

Plass	Navn	Klasse										Tid				
D50																
6	Hanne Gundersen		45										19:04			
00:43+	01:05+	02:18+	07:25+	08:07+	08:40+	10:06+	12:01+	14:34+	15:07+	18:15+	18:48+	19:04+				
00:43+	00:22+	01:13+	05:07+	00:42+	00:33-	01:26+	01:55+	02:33+	00:33+	03:08+	00:33+	00:16+				
00:02+	00:03#	00:14#	01:10&	00:12&	00:02-	00:17#	00:24&	00:31&	00:04#	00:51&	00:02+	00:01+				
7	Eva Smedegaard Eland		48										19:10			
00:57+	02:02+	03:13+	07:41+	08:25+	08:53+	10:20+	12:19+	14:41+	15:20+	18:21+	18:53+	19:10+				
00:57+	01:05+	01:11+	04:28+	00:44+	00:28+	01:27+	01:59+	02:22+	00:39+	03:01+	00:32+	00:17+				
00:57+	01:05+	01:11+	04:28+	00:44+	00:28+	01:27+	01:59+	02:22+	00:39+	03:01+	00:32+	00:17+				
8	Signe Jensen		40										22:50			
01:04+	01:25+	02:46+	08:28+	09:27+	10:04+	11:54+	14:13+	17:22+	18:45+	21:57+	22:32+	22:50+				
01:04+	00:21+	01:21+	05:42+	00:59+	00:37+	01:50+	02:19+	03:09+	01:23+	03:12+	00:35+	00:18+				
01:04+	00:21+	01:21+	05:42+	00:59+	00:37+	01:50+	02:19+	03:09+	01:23+	03:12+	00:35+	00:18+				
9	Helle Schou		47										33:35			
01:17+	01:55+	04:03+	12:36+	13:45+	14:49+	17:24+	20:48+	25:32+	26:45+	32:02+	33:03+	33:35+				
01:17+	00:38+	02:08+	08:33+	01:09+	01:04+	02:35+	03:24+	04:44+	01:13+	05:17+	01:01+	00:32+				
01:17+	00:38+	02:08+	08:33+	01:09+	01:04+	02:35+	03:24+	04:44+	01:13+	05:17+	01:01+	00:32+				
Beste stræktid for klassen																
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																
D55																
1	Lene Bejer Damgaard		73										18:10			
00:38=	01:31=	02:35=	07:40=	08:13=	08:38=	10:02=	11:47=	14:07=	14:37=	17:27=	17:57=	18:10=				
00:38=	00:53=	01:04=	05:05=	00:33=	00:25=	01:24=	01:45=	02:20=	00:30=	02:50=	00:30=	00:13=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				
2	Lykke Berg Mathiesen		20										21:02			
00:51+	01:30-	02:49+	08:01+	08:43+	09:22+	10:59+	13:16+	16:02+	16:44+	20:06+	20:44+	21:02+				
00:51+	00:39-	01:19+	05:12+	00:42+	00:39+	01:37+	02:17+	02:46+	00:42+	03:22+	00:38+	00:18+				
00:13&	00:14-	00:15#	00:07+	00:09&	00:14&	00:13#	00:32&	00:26#	00:12&	00:32#	00:08&	00:05&				
3	Gry Anita Gjerde Alnæs		56										21:12			
00:43+	01:16-	02:13-	03:31-	07:30-	08:04-	08:39-	09:14-	09:37-	10:56-	12:33-	15:35-	16:06-	18:46+	19:27+		
00:43+	00:33-	00:57-	01:18-	03:59+	00:34+	00:35-	00:35-	00:23-	01:19+	01:37-	03:02+	00:31+	02:40+	00:41+		
00:05#	00:20-	00:07-	03:47-	03:26@	00:09&	00:49-	01:10-	01:57-	00:49@	01:13-	02:32@	00:18@	02:40+	00:41+		
4	Anita Mogensen		65										26:49			
01:22+	01:59+	03:44+	11:46+	12:43+	13:52+	15:43+	18:11+	21:35+	22:17+	25:57+	26:33+	26:49+				
01:22+	00:37-	01:45+	08:02+	00:57+	01:09+	01:51+	02:28+	03:24+	00:42+	03:40+	00:36+	00:16+				
00:44@	00:16-	00:41&	02:57&	00:24&	00:44@	00:27&	00:43&	01:04&	00:12&	00:50&	00:06#	00:03#				
5	Ilsabe Børsting		20										31:06			
01:28+	02:00+	03:48+	11:22+	13:27+	14:35+	16:45+	19:41+	23:10+	23:54+	29:51+	30:42+	31:06+				
01:28+	00:32-	01:48+	07:34+	02:05+	01:08+	02:10+	02:56+	03:29+	00:44+	05:57+	00:51+	00:24+				
00:50@	00:21-	00:44&	02:29&	01:32@	00:43@	00:46&	01:11&	01:09&	00:14&	03:07@	00:21&	00:11&				
Beste stræktid for klassen																
00:38	00:32	00:57	01:18	00:33	00:25	00:35	00:35	00:23	00:30	01:37	00:30	00:13				

Plass	Navn	Klasse	Tid
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D60

1	Dorte Filskov											74			18:23
00:57=	01:19=	02:29=	06:48=	07:28=	07:53=	09:14=	10:55=	13:13=	13:47=	17:39=	18:09=	18:23=			
00:57=	00:22=	01:10=	04:19=	00:40=	00:25=	01:21=	01:41=	02:18=	00:34=	03:52=	00:30=	00:14=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			
2	Hanne Staugaard											28			20:40
00:49-	01:10-	02:33+	07:46+	08:31+	09:00+	10:40+	12:55+	15:44+	16:20+	19:40+	20:20+	20:40+			
00:49-	00:21-	01:23+	05:13+	00:45+	00:29+	01:40+	02:15+	02:49+	00:36+	03:20-	00:40+	00:20+			
00:08-	00:01-	00:13#	00:54#	00:05#	00:04#	00:19#	00:34&	00:31#	00:02+	00:32-	00:10&	00:06&			
3	Helle Nikkel											73			20:54
00:44-	01:13-	02:38+	07:45+	08:26+	08:55+	10:27+	12:35+	16:14+	16:46+	20:03+	20:38+	20:54+			
00:44-	00:29+	01:25+	05:07+	00:41+	00:29+	01:32+	02:08+	03:39+	00:32-	03:17-	00:35+	00:16+			
00:13-	00:07&	00:15#	00:48#	00:01+	00:04#	00:11#	00:27&	01:21&	00:02-	00:35-	00:05#	00:02#			
4	Barbara Dresel											62			21:44
00:58+	01:22+	02:52+	08:22+	09:06+	09:38+	11:28+	13:47+	16:33+	17:07+	20:46+	21:25+	21:44+			
00:58+	00:24+	01:30+	05:30+	00:44+	00:32+	01:50+	02:19+	02:46+	00:34=	03:39-	00:39+	00:19+			
00:01+	00:02+	00:20&	01:11&	00:04+	00:07&	00:29&	00:38&	00:28#	00:00=	00:13-	00:09&	00:05&			
5	Grete Zachariassen											33			23:49
00:54-	01:17-	02:34+	08:36+	09:34+	10:04+	11:52+	14:04+	16:49+	17:57+	22:57+	23:35+	23:49+			
00:54-	00:23+	01:17+	06:02+	00:58+	00:30+	01:48+	02:12+	02:45+	01:08+	05:00+	00:38+	00:14=			
00:03-	00:01+	00:07+	01:43&	00:18&	00:05#	00:27&	00:31&	00:27#	00:34&	01:08&	00:08&	00:00=			
6	Ethna Cavanagh											13			28:29
00:42-	01:05-	02:25-	10:51+	11:37+	13:05+	14:57+	17:35+	21:40+	22:29+	26:53+	27:47+	28:29+			
00:42-	00:23+	01:20+	08:26+	00:46+	01:28+	01:52+	02:38+	04:05+	00:49+	04:24+	00:54+	00:42+			
00:15-	00:01+	00:10#	04:07&	00:06#	01:03@	00:31&	00:57&	01:47&	00:15&	00:32#	00:24&	00:28@			

Beste stræktid for klassen

00:42 00:21 01:10 04:19 00:40 00:25 01:21 01:41 02:18 00:32 03:17 00:30 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D65

1	Kate Nielsen	47	14:04							
00:29=	01:14=	02:31=	04:14=	07:25=	08:12=	09:49=	10:29=	13:16=	13:48=	14:04=
00:29=	00:45=	01:17=	01:43=	03:11=	00:47=	01:37=	00:40=	02:47=	00:32=	00:16=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Birgitte Birck	3	15:37							
00:27-	01:18+	02:46+	04:38+	08:09+	09:01+	10:40+	11:29+	14:42+	15:19+	15:37+
00:27-	00:51+	01:28+	01:52+	03:31+	00:52+	01:39+	00:49+	03:13+	00:37+	00:18+
00:02-	00:06#	00:11#	00:09+	00:20#	00:05#	00:02+	00:09#	00:26#	00:05#	00:02#
3	Hanne Ljungberg	Ok Syd	16:01							
00:32+	01:23+	02:48+	04:49+	08:41+	09:45+	11:30+	12:17+	15:12+	15:43+	16:01+
00:32+	00:51+	01:25+	02:01+	03:52+	01:04+	01:45+	00:47+	02:55+	00:31-	00:18+
00:03#	00:06#	00:08#	00:18#	00:41#	00:17&	00:08+	00:07#	00:08+	00:01-	00:02#
4	Gitte Isen	21	16:20							
00:34+	01:32+	03:04+	05:04+	08:51+	09:39+	11:22+	12:10+	15:22+	16:01+	16:20+
00:34+	00:58+	01:32+	02:00+	03:47+	00:48+	01:43+	00:48+	03:12+	00:39+	00:19+
00:05#	00:13&	00:15#	00:17#	00:36#	00:01+	00:06+	00:08#	00:25#	00:07#	00:03#

Plass	Navn	Klasse	Tid							
D65										
5	Eva Emanuelsson	18	17:00							
00:32+	01:37+	03:01+	05:07+	09:24+	10:19+	12:07+	12:58+	16:10+	16:46+	17:00+
00:32+	01:05+	01:24+	02:06+	04:17+	00:55+	01:48+	00:51+	03:12+	00:36+	00:14-
00:03#	00:20&	00:07+	00:23#	01:06&	00:08#	00:11#	00:11&	00:25#	00:04#	00:02-
6	Inge Price Jensen	39	17:00							
00:38+	01:39+	03:22+	05:20+	09:14+	10:13+	12:08+	12:56+	16:04+	16:41+	17:00+
00:38+	01:01+	01:43+	01:58+	03:54+	00:59+	01:55+	00:48+	03:08+	00:37+	00:19+
00:38+	01:01+	01:43+	01:58+	03:54+	00:59+	01:55+	00:48+	03:08+	00:37+	00:19+
7	Jytte Sørensen	Amok	17:38							
00:36+	01:40+	03:23+	05:29+	09:34+	10:32+	12:20+	13:11+	16:41+	17:22+	17:38+
00:36+	01:04+	01:43+	02:06+	04:05+	00:58+	01:48+	00:51+	03:30+	00:41+	00:16+
00:36+	01:04+	01:43+	02:06+	04:05+	00:58+	01:48+	00:51+	03:30+	00:41+	00:16+
8	Bente Pedersen	40	18:56							
00:33+	01:40+	03:21+	05:25+	09:36+	10:31+	13:10+	14:16+	17:50+	18:31+	18:56+
00:33+	01:07+	01:41+	02:04+	04:11+	00:55+	02:39+	01:06+	03:34+	00:41+	00:25+
00:33+	01:07+	01:41+	02:04+	04:11+	00:55+	02:39+	01:06+	03:34+	00:41+	00:25+
9	Birgitte Bach	73	19:52							
00:40+	01:48+	04:11+	06:35+	11:12+	12:14+	14:23+	15:13+	18:51+	19:33+	19:52+
00:40+	01:08+	02:23+	02:24+	04:37+	01:02+	02:09+	00:50+	03:38+	00:42+	00:19+
00:40+	01:08+	02:23+	02:24+	04:37+	01:02+	02:09+	00:50+	03:38+	00:42+	00:19+
10	Elisabeth Holth Johannessen	61	24:10							
01:20+	02:48+	05:55+	08:13+	12:33+	15:58+	18:06+	19:05+	23:07+	23:52+	24:10+
01:20+	01:28+	03:07+	02:18+	04:20+	03:25+	02:08+	00:59+	04:02+	00:45+	00:18+
01:20+	01:28+	03:07+	02:18+	04:20+	03:25+	02:08+	00:59+	04:02+	00:45+	00:18+
11	Inger Schibsted	61	24:46							
01:29+	02:53+	06:02+	09:56+	14:36+	15:44+	18:27+	19:30+	23:35+	24:32+	24:46+
01:29+	01:24+	03:09+	03:54+	04:40+	01:08+	02:43+	01:03+	04:05+	00:57+	00:14+
01:29+	01:24+	03:09+	03:54+	04:40+	01:08+	02:43+	01:03+	04:05+	00:57+	00:14+
12	Hanne Frost	6	31:15							
00:38+	01:43+	03:39+	09:18+	17:41+	19:10+	22:22+	23:44+	29:35+	30:38+	31:15+
00:38+	01:05+	01:56+	05:39+	08:23+	01:29+	03:12+	01:22+	05:51+	01:03+	00:37+
00:38+	01:05+	01:56+	05:39+	08:23+	01:29+	03:12+	01:22+	05:51+	01:03+	00:37+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D70

1	Grethe Anæus					73				
00:21=	01:07=	02:26=	04:18=	07:41=	08:31=	10:01=	10:44=	13:32=	14:03=	14:19=
00:21=	00:46=	01:19=	01:52=	03:23=	00:50=	01:30=	00:43=	02:48=	00:31=	00:16=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Björg Svanberg					61				
00:30+	01:20+	03:54+	05:34+	08:44+	09:35+	10:59+	11:44+	14:51+	15:27+	15:43+
00:30+	00:50+	02:34+	01:40-	03:10-	00:51+	01:24-	00:45+	03:07+	00:36+	00:16=
00:09&	00:04+	01:15&	00:12-	00:13-	00:01+	00:06-	00:02+	00:19#	00:05#	00:00=

Plass	Navn	Klasse	Tid
D70			
3	Anne-Berit Rasmussen	54	16:18
00:40+	01:35+ 03:05+ 04:52+ 08:24+ 09:15+ 11:26+ 12:10+ 15:16+ 16:04+ 16:18+		
00:40+	00:55+ 01:30+ 01:47- 03:32+ 00:51+ 02:11+ 00:44+ 03:06+ 00:48+ 00:14-		
00:19&	00:09# 00:11# 00:05- 00:09+ 00:01+ 00:41& 00:01+ 00:18# 00:17& 00:02-		
4	Lone Dybdal	1	16:23
00:32+	01:42+ 03:28+ 05:17+ 08:41+ 09:37+ 11:39+ 12:35+ 15:27+ 16:05+ 16:23+		
00:32+	01:10+ 01:46+ 01:49+ 03:24+ 00:56+ 02:02+ 00:56+ 02:52+ 00:38+ 00:18+		
00:32+	01:10+ 01:46+ 01:49+ 03:24+ 00:56+ 02:02+ 00:56+ 02:52+ 00:38+ 00:18+		
5	Monica Roeling	Kovz	17:10
00:30+	01:28+ 03:09+ 05:13+ 09:07+ 10:01+ 12:16+ 13:02+ 16:15+ 16:52+ 17:10+		
00:30+	00:58+ 01:41+ 02:04+ 03:54+ 00:54+ 02:15+ 00:46+ 03:13+ 00:37+ 00:18+		
00:30+	00:58+ 01:41+ 02:04+ 03:54+ 00:54+ 02:15+ 00:46+ 03:13+ 00:37+ 00:18+		
6	Inger Nergaard	68	19:38
00:29+	01:27+ 03:06+ 05:30+ 10:17+ 11:21+ 14:04+ 15:00+ 18:40+ 19:19+ 19:38+		
00:29+	00:58+ 01:39+ 02:24+ 04:47+ 01:04+ 02:43+ 00:56+ 03:40+ 00:39+ 00:19+		
00:29+	00:58+ 01:39+ 02:24+ 04:47+ 01:04+ 02:43+ 00:56+ 03:40+ 00:39+ 00:19+		
7	Pia Gade	73	19:51
00:43+	01:56+ 03:27+ 05:26+ 09:32+ 10:27+ 13:12+ 15:43+ 18:57+ 19:35+ 19:51+		
00:43+	01:13+ 01:31+ 01:59+ 04:06+ 00:55+ 02:45+ 02:31+ 03:14+ 00:38+ 00:16+		
00:43+	01:13+ 01:31+ 01:59+ 04:06+ 00:55+ 02:45+ 02:31+ 03:14+ 00:38+ 00:16+		
8	Unni Strand Karlsen	11	25:31
00:48+	02:09+ 04:19+ 07:23+ 12:59+ 14:13+ 17:10+ 18:26+ 23:53+ 25:00+ 25:31+		
00:48+	01:21+ 02:10+ 03:04+ 05:36+ 01:14+ 02:57+ 01:16+ 05:27+ 01:07+ 00:31+		
00:48+	01:21+ 02:10+ 03:04+ 05:36+ 01:14+ 02:57+ 01:16+ 05:27+ 01:07+ 00:31+		
9	Kirsten Bobach	74	27:36
02:00+	03:07+ 04:50+ 12:41+ 17:16+ 19:20+ 21:27+ 22:36+ 26:31+ 27:15+ 27:36+		
02:00+	01:07+ 01:43+ 07:51+ 04:35+ 02:04+ 02:07+ 01:09+ 03:55+ 00:44+ 00:21+		
02:00+	01:07+ 01:43+ 07:51+ 04:35+ 02:04+ 02:07+ 01:09+ 03:55+ 00:44+ 00:21+		
Beste stræktid for klassen			
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
D75			
1	Inger Marie Haahr	43	16:50
00:38=	01:43= 03:24= 05:27= 09:22= 10:16= 11:58= 12:47= 15:54= 16:33= 16:50=		
00:38=	01:05= 01:41= 02:03= 03:55= 00:54= 01:42= 00:49= 03:07= 00:39= 00:17=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Ulla Hooge	51	17:19
00:52+	01:56+ 03:25+ 05:26- 09:05- 10:00- 12:03+ 12:53+ 16:09+ 16:50+ 17:19+		
00:52+	01:04- 01:29- 02:01- 03:39- 00:55+ 02:03+ 00:50+ 03:16+ 00:41+ 00:29+		
00:14&	00:01- 00:12- 00:02- 00:16- 00:01+ 00:21# 00:01+ 00:09+ 00:02+ 00:12&		
3	Haldis Glendrange	66	18:37
00:28-	01:41- 03:22- 05:27= 09:59+ 10:56+ 13:10+ 14:00+ 17:35+ 18:23+ 18:37+		
00:28-	01:13+ 01:41= 02:05+ 04:32+ 00:57+ 02:14+ 00:50+ 03:35+ 00:48+ 00:14-		
00:10-	00:08# 00:00= 00:02+ 00:37# 00:03+ 00:32& 00:01+ 00:28# 00:09# 00:03-		
12-07-2025 14:02:24			Side:9

12-07-2025 14:02:24 Side:10

Plass	Navn	Klasse	Tid
H10			
1	Simen Sørensen	26	11:44
00:06= 00:52= 02:55= 04:14= 05:39= 07:09= 08:01= 09:55= 10:38= 11:31= 11:44= 00:06= 00:46= 02:03= 01:19= 01:25= 01:30= 00:52= 01:54= 00:43= 00:53= 00:13= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
2	Birk Hvidberg Tofte	39	13:45
00:09+ 01:01+ 03:18+ 04:59+ 06:38+ 08:08+ 09:19+ 11:55+ 12:39+ 13:33+ 13:45+ 00:09+ 00:52+ 02:17+ 01:41+ 01:39+ 01:30= 01:11+ 02:36+ 00:44+ 00:54+ 00:12- 00:03& 00:06# 00:14# 00:22& 00:14# 00:00= 00:19& 00:42& 00:01+ 00:01+ 00:01-			
3	Erik Olaisen Brekke	76	18:16
00:09+ 01:28+ 04:27+ 06:09+ 08:57+ 11:15+ 12:17+ 14:54+ 16:40+ 18:05+ 18:16+ 00:09+ 01:19+ 02:59+ 01:42+ 02:48+ 02:18+ 01:02+ 02:37+ 01:46+ 01:25+ 00:11- 00:03& 00:33& 00:56& 00:23& 00:48& 00:10# 00:43& 01:03@ 00:32& 00:02-			
4	Anton Kjeldgaard	24	29:07
00:13+ 00:56+ 14:50+ 17:48+ 20:58+ 23:13+ 24:30+ 27:33+ 28:14+ 28:55+ 29:07+ 00:13+ 00:43- 13:54+ 02:58+ 03:10+ 02:15+ 01:17+ 03:03+ 00:41- 00:41- 00:12- 00:07@ 00:03- 11:51@ 01:39@ 01:45@ 00:45& 00:25& 01:09& 00:02- 00:12- 00:01-			
Beste stræktid for klassen			
00:06 00:43 02:03 01:19 01:25 01:30 00:52 01:54 00:41 00:41 00:11			
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
H12			
1	Anton Nomeland	8	10:01
00:06= 00:42= 02:30= 03:42= 05:02= 06:12= 06:57= 08:50= 09:21= 09:51= 10:01= 00:06= 00:36= 01:48= 01:12= 01:20= 01:10= 00:45= 01:53= 00:31= 00:30= 00:10= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
2	Gustav Hauge Haavengen	36	10:59
00:06= 00:38- 03:04+ 04:22+ 05:37+ 06:56+ 07:47+ 09:49+ 10:22+ 10:48+ 10:59+ 00:06= 00:32- 02:26+ 01:18+ 01:15- 01:19+ 00:51+ 02:02+ 00:33+ 00:26- 00:11+ 00:00= 00:04- 00:38& 00:06+ 00:05- 00:09# 00:06# 00:09+ 00:02+ 00:04- 00:01+			
3	Brage Glende Stormoen	7	11:57
00:05- 00:42= 04:00+ 05:15+ 06:37+ 08:11+ 08:56+ 10:52+ 11:25+ 11:47+ 11:57+ 00:05- 00:37+ 03:18+ 01:15+ 01:22+ 01:34+ 00:45= 01:56+ 00:33+ 00:22- 00:10= 00:01- 00:01+ 01:30& 00:03+ 00:02+ 00:24& 00:00= 00:03+ 00:02+ 00:08- 00:00=			
Beste stræktid for klassen			
00:05 00:32 01:48 01:12 01:15 01:10 00:45 01:53 00:31 00:22 00:10			
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
H14			
1	Oskar Kjeldgaard	24	14:42
00:37= 01:26= 04:52= 04:10= 04:44= 06:14= 08:23= 10:21= 12:05= 14:03= 14:32= 14:42= 00:37= 00:49= 00:26= 02:18= 00:34= 01:30= 02:09= 01:58= 01:44= 01:58= 00:29= 00:10= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
Beste stræktid for klassen			
00:37 00:49 00:26 02:18 00:34 01:30 02:09 01:58 01:44 01:58 00:29 00:10			
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
12-07-2025 14:02:24			Side:11

Plass	Navn	Klasse										Tid									
H16																					
1	Mathias Reiche Sørensen	50										13:05									
	00:24=	01:11=	01:28=	03:35=	04:29=	04:45=	05:20=	05:47=	06:31=	07:35=	08:13=	08:50=	09:26=	09:51=	10:32=	10:59=	11:54=	12:36=	12:55=	13:05=	
	00:24=	00:47=	00:17=	02:07=	00:54=	00:16=	00:35=	00:27=	00:44=	01:04=	00:38=	00:37=	00:36=	00:25=	00:41=	00:27=	00:55=	00:42=	00:19=	00:10=	
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Elias Skaug-Danielsen	9										17:08									
	00:25+	01:26+	01:45+	04:32+	05:42+	06:03+	06:43+	07:17+	07:50+	09:17+	10:11+	10:59+	11:45+	12:21+	13:22+	13:56+	15:17+	16:28+	16:54+	17:08+	
	00:25+	01:01+	00:19+	02:47+	01:10+	00:21+	00:40+	00:34+	00:33-	01:27+	00:54+	00:48+	00:46+	00:36+	01:01+	00:34+	01:21+	01:11+	00:26+	00:14+	
	00:01+	00:14&	00:02#	00:40&	00:16&	00:05&	00:05#	00:07&	00:11-	00:23&	00:16&	00:11&	00:10&	00:11&	00:20&	00:07&	00:26&	00:29&	00:07&	00:04&	
Beste stræktid for klassen																					
	00:24	00:47	00:17	02:07	00:54	00:16	00:35	00:27	00:33	01:04	00:38	00:37	00:36	00:25	00:41	00:27	00:55	00:42	00:19	00:10	
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																					
H18																					
1	Sebastian Gotfred-Iversen	39										12:56									
	00:26=	01:15=	01:31=	03:39=	04:33=	04:51=	05:10=	05:38=	05:56=	06:58=	08:08=	08:42=	09:18=	09:42=	10:22=	10:45=	11:41=	12:27=	12:47=	12:56=	
	00:26=	00:49=	00:16=	02:08=	00:54=	00:18=	00:19=	00:28=	00:18=	01:02=	01:10=	00:34=	00:36=	00:24=	00:40=	00:23=	00:56=	00:46=	00:20=	00:09=	
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
Beste stræktid for klassen																					
	00:26	00:49	00:16	02:08	00:54	00:18	00:19	00:28	00:18	01:02	01:10	00:34	00:36	00:24	00:40	00:23	00:56	00:46	00:20	00:09	
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																					
H21																					
1	Kenneth Buch	42										13:30									
	00:34=	01:29=	01:46=	04:02=	05:02=	05:17=	05:35=	06:04=	06:24=	07:27=	08:08=	08:47=	09:24=	09:54=	10:37=	11:06=	12:08=	12:59=	13:20=	13:30=	
	00:34=	00:55=	00:17=	02:16=	01:00=	00:15=	00:18=	00:29=	00:20=	01:03=	00:41=	00:39=	00:37=	00:30=	00:43=	00:29=	01:02=	00:51=	00:21=	00:10=	
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Philip Aarnio	50										14:49									
	00:26-	01:00-	01:19-	03:52-	05:02=	05:23+	05:45+	06:16+	06:40+	07:48+	08:41+	09:27+	10:09+	10:41+	11:32+	12:04+	13:12+	14:11+	14:36+	14:49+	
	00:26-	00:34-	00:19+	02:33+	01:10+	00:21+	00:22+	00:31+	00:24+	01:08+	00:53+	00:46+	00:42+	00:32+	00:51+	00:32+	01:08+	00:59+	00:25+	00:13+	
	00:08-	00:21-	00:02#	00:17#	00:10#	00:06&	00:04#	00:02+	00:04#	00:05+	00:12&	00:07#	00:05#	00:02+	00:08#	00:03#	00:06+	00:08#	00:04#	00:03&	
3	Christian Bertel Andersen	Akif										14:52									
	00:26-	01:19-	01:38-	04:17+	05:21+	05:50+	06:09+	06:39+	07:06+	08:15+	09:01+	09:43+	10:23+	10:53+	11:43+	12:12+	13:20+	14:17+	14:41+	14:52+	
	00:26-	00:53-	00:19+	02:39+	01:04+	00:29+	00:19+	00:30+	00:27+	01:09+	00:46+	00:42+	00:40+	00:30=	00:50+	00:29=	01:08+	00:57+	00:24+	00:11+	
	00:08-	00:02-	00:02#	00:23#	00:04+	00:14&	00:01+	00:01+	00:07&	00:06+	00:05#	00:03+	00:03+	00:00=	00:07#	00:00=	00:06+	00:06#	00:03#	00:01+	
4	Patrick Dresel	62										16:27									
	00:31-	01:35+	01:57+	05:02+	06:18+	06:38+	06:58+	07:29+	07:53+	09:07+	09:56+	10:45+	11:24+	12:00+	12:52+	13:26+	14:49+	15:49+	16:15+	16:27+	
	00:31-	01:04+	00:22+	03:05+	01:16+	00:20+	00:20+	00:31+	00:24+	01:14+	00:49+	00:49+	00:39+	00:36+	00:52+	00:34+	01:23+	01:00+	00:26+	00:12+	
	00:03-	00:09#	00:05&	00:49&	00:16&	00:05&	00:02#	00:02+	00:04#	00:11#	00:08#	00:10&	00:02+	00:06#	00:09#	00:05#	00:21&	00:09#	00:05#	00:02#	
5	Daniel Nobel	43										17:49									
	00:40+	01:51+	02:12+	06:17+	07:24+	07:53+	08:11+	08:44+	09:11+	10:26+	11:16+	12:07+	12:48+	13:22+	14:14+	14:56+	16:10+	17:08+	17:37+	17:49+	
	00:40+	01:11+	00:21+	04:05+	01:07+	00:29+	00:18=	00:33+	00:27+	01:15+	00:50+	00:51+	00:41+	00:34+	00:52+	00:42+	01:14+	00:58+	00:29+	00:12+	
	00:06#	00:16&	00:04#	01:49&	00:07#	00:14&	00:00=	00:04#	00:07&	00:12#	00:09#	00:12&	00:04#	00:04#	00:09#	00:13&	00:12#	00:07#	00:08&	00:02#	

Plass	Navn	Klasse	Tid
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H21

6	Jonas Dresel										62	20:25									
00:43+	02:14+	02:42+	06:29+	08:00+	08:22+	08:51+	09:30+	10:09+	11:47+	12:50+	13:44+	14:37+	15:13+	16:14+	16:55+	18:21+	19:38+	20:10+	20:25+		
00:43+	01:31+	00:28+	03:47+	01:31+	00:22+	00:29+	00:39+	00:39+	01:38+	01:03+	00:54+	00:53+	00:36+	01:01+	00:41+	01:26+	01:17+	00:32+	00:15+		
00:09&	00:36&	00:11&	01:31&	00:31&	00:07&	00:11&	00:10&	00:19&	00:35&	00:22&	00:15&	00:16&	00:06#	00:18&	00:12&	00:24&	00:26&	00:11&	00:05&		
7	Frederik Erskov Krogh										51	32:26									
00:59+	02:33+	03:02+	09:14+	11:28+	12:05+	12:43+	13:51+	14:37+	17:21+	19:05+	20:55+	22:26+	23:37+	25:13+	26:15+	28:53+	31:17+	32:09+	32:26+		
00:59+	01:34+	00:29+	06:12+	02:14+	00:37+	00:38+	01:08+	00:46+	02:44+	01:44+	01:50+	01:31+	01:11+	01:36+	01:02+	02:38+	02:24+	00:52+	00:17+		
00:59+	01:34+	00:29+	06:12+	02:14+	00:37+	00:38+	01:08+	00:46+	02:44+	01:44+	01:50+	01:31+	01:11+	01:36+	01:02+	02:38+	02:24+	00:52+	00:17+		

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H35

1	Erik Feyling Haare										29		14:29									
00:36=	01:34=	01:50=	04:08=	05:11=	05:28=	05:46=	06:17=	06:41=	07:54=	08:38=	09:19=	09:58=	10:54=	11:37=	12:04=	13:07=	13:57=	14:19=	14:29=			
00:36=	00:58=	00:16=	02:18=	01:03=	00:17=	00:18=	00:31=	00:24=	01:13=	00:44=	00:41=	00:39=	00:56=	00:43=	00:27=	01:03=	00:50=	00:22=	00:10=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			

Beste stræktid for klassen

00:36	00:58	00:16	02:18	01:03	00:17	00:18	00:31	00:24	01:13	00:44	00:41	00:39	00:56	00:43	00:27	01:03	00:50	00:22	00:10
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H40

1	Stig Alvestad										26					14:01									
00:28=	01:23=	01:42=	04:03=	05:07=	05:25=	05:44=	06:13=	06:32=	07:42=	08:23=	09:03=	09:42=	10:10=	10:53=	11:23=	12:30=	13:27=	13:49=	14:01=						
00:28=	00:55=	00:19=	02:21=	01:04=	00:18=	00:19=	00:29=	00:19=	01:10=	00:41=	00:40=	00:39=	00:28=	00:43=	00:30=	01:07=	00:57=	00:22=	00:12=						
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=						
2	Kasper Tofte										39					15:04									
00:28=	01:21-	01:40-	04:11+	05:17+	05:44+	06:05+	06:35+	06:58+	08:09+	08:55+	09:43+	10:24+	10:54+	11:49+	12:19+	13:30+	14:28+	14:52+	15:04+						
00:28=	00:53-	00:19=	02:31+	01:06+	00:27+	00:21+	00:30+	00:23+	01:11+	00:46+	00:48+	00:41+	00:30+	00:55+	00:30=	01:11+	00:58+	00:24+	00:12=						
00:00=	00:02-	00:00=	00:10+	00:02+	00:09&	00:02#	00:01+	00:04#	00:01+	00:05#	00:08#	00:02+	00:02+	00:12&	00:00=	00:04+	00:01+	00:02+	00:00=						
3	Morten Fredh										45					16:53									
00:30+	01:30+	01:49+	05:20+	06:32+	06:53+	07:13+	07:46+	08:12+	09:33+	10:23+	11:12+	11:55+	12:26+	13:22+	13:57+	15:12+	16:15+	16:40+	16:53+						
00:30+	01:00+	00:19=	03:31+	01:12+	00:21+	00:20+	00:33+	00:26+	01:21+	00:50+	00:49+	00:43+	00:31+	00:56+	00:35+	01:15+	01:03+	00:25+	00:13+						
00:02+	00:05+	00:00=	01:10&	00:08#	00:03#	00:01+	00:04#	00:07&	00:11#	00:09#	00:09#	00:04#	00:03#	00:13&	00:05#	00:08#	00:06#	00:03#	00:01+						

Beste stræktid for klassen

00:28	00:53	00:19	02:21	01:04	00:18	00:19	00:29	00:19	01:10	00:41	00:40	00:39	00:28	00:43	00:30	01:07	00:57	00:22	00:12
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H45

1	Arild Nomeland										8										13:44									
00:29=	01:38=	02:03=	04:13=	05:06=	05:21=	05:39=	06:06=	06:24=	07:24=	08:23=	08:59=	09:31=	09:57=	10:49=	11:21=	12:20=	13:10=	13:33=	13:44=											
00:29=	01:09=	00:25=	02:10=	00:53=	00:15=	00:18=	00:27=	00:18=	01:00=	00:59=	00:36=	00:32=	00:26=	00:52=	00:32=	00:59=	00:50=	00:23=	00:11=											
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=											

Plass	Navn					Klasse					Tid									
H45																				
2	Frode Øverøyen Balchen					38					14:10									
00:33+	01:30-	01:47-	04:04-	05:04-	05:24+	05:43+	06:13+	06:39+	07:44+	08:27+	09:08+	09:46+	10:13+	11:12+	11:40+	12:44+	13:37+	13:59+	14:10+	
00:33+	00:57-	00:17-	02:17+	01:00+	00:20+	00:19+	00:30+	00:26+	01:05+	00:43-	00:41+	00:38+	00:27+	00:59+	00:28-	01:04+	00:53+	00:22-	00:11=	
00:04#	00:12-	00:08-	00:07+	00:07#	00:05&	00:01+	00:03#	00:08&	00:05+	00:16-	00:05#	00:06#	00:01+	00:07#	00:04-	00:05+	00:03+	00:01-	00:00=	
3	Thorkild Jensen					55					14:38									
00:30+	01:24+	01:43+	04:22+	05:22+	05:41+	05:59+	06:28+	06:46+	07:57+	08:42+	09:23+	10:00+	10:47+	11:41+	12:10+	13:15+	14:07+	14:28+	14:38+	
00:30+	00:54+	00:19+	02:39+	01:00+	00:19+	00:18+	00:29+	00:18+	01:11+	00:45+	00:41+	00:37+	00:47+	00:54+	00:29+	01:05+	00:52+	00:21+	00:10+	
00:30+	00:54+	00:19+	02:39+	01:00+	00:19+	00:18+	00:29+	00:18+	01:11+	00:45+	00:41+	00:37+	00:47+	00:54+	00:29+	01:05+	00:52+	00:21+	00:10+	
4	Claus Bobach					74					17:53									
00:31+	01:36+	01:56+	04:53+	06:06+	06:27+	06:49+	07:27+	07:58+	09:27+	10:22+	11:16+	12:06+	12:43+	13:48+	14:27+	15:55+	17:10+	17:39+	17:53+	
00:31+	01:05+	00:20+	02:57+	01:13+	00:21+	00:22+	00:38+	00:31+	01:29+	00:55+	00:54+	00:50+	00:37+	01:05+	00:39+	01:28+	01:15+	00:29+	00:14+	
00:31+	01:05+	00:20+	02:57+	01:13+	00:21+	00:22+	00:38+	00:31+	01:29+	00:55+	00:54+	00:50+	00:37+	01:05+	00:39+	01:28+	01:15+	00:29+	00:14+	

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H50

1	Pål Haavengen		36										15:45						
	00:21=	01:03=	02:08=	03:26=	06:38=	07:58=	09:34=	10:03=	11:00=	13:25=	15:10=	15:33=	15:45=						
	00:21=	00:42=	01:05=	01:18=	03:12=	01:20=	01:36=	00:29=	00:57=	02:25=	01:45=	00:23=	00:12=						
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=						
2	Lars Berglund		57										17:03						
	00:16-	01:01-	02:09+	03:37+	06:51+	08:17+	10:04+	10:35+	11:33+	14:26+	16:24+	16:51+	17:03+						
	00:16-	00:45+	01:08+	01:28+	03:14+	01:26+	01:47+	00:31+	00:58+	02:53+	01:58+	00:27+	00:12=						
	00:05-	00:03+	00:03+	00:10#	00:02+	00:06+	00:11#	00:02+	00:01+	00:28#	00:13#	00:04#	00:00=						
3	Peter R. Pallesen		Ok Syd										20:29						
	00:29+	01:20+	02:53+	04:26+	08:23+	10:04+	12:09+	12:52+	14:01+	17:36+	19:40+	20:14+	20:29+						
	00:29+	00:51+	01:33+	01:33+	03:57+	01:41+	02:05+	00:43+	01:09+	03:35+	02:04+	00:34+	00:15+						
	00:08&	00:09#	00:28&	00:15#	00:45#	00:21&	00:29&	00:14&	00:12#	01:10&	00:19#	00:11&	00:03#						
4	Anders Kjeldgaard		24										23:54						
	00:37+	01:42+	03:15+	05:02+	08:53+	11:13+	13:32+	14:58+	16:39+	20:18+	22:56+	23:29+	23:54+						
	00:37+	01:05+	01:33+	01:47+	03:51+	02:20+	02:19+	01:26+	01:41+	03:39+	02:38+	00:33+	00:25+						
	00:16&	00:23&	00:28&	00:29&	00:39#	01:00&	00:43&	00:57@	00:44&	01:14&	00:53&	00:10&	00:13@						
5	Nils Ceeberg		5										40:59						
	00:52+	02:41+	05:27+	08:56+	16:34+	19:52+	24:01+	25:15+	27:39+	33:57+	39:22+	40:27+	40:59+						
	00:52+	01:49+	02:46+	03:29+	07:38+	03:18+	04:09+	01:14+	02:24+	06:18+	05:25+	01:05+	00:32+						
	00:31@	01:07@	01:41@	02:11@	04:26@	01:58@	02:33@	00:45@	01:27@	03:53@	03:40@	00:42@	00:20@						

Beste stræktid for klassen

00:16 00:42 01:05 01:18 03:12 01:20 01:36 00:29 00:57 02:25 01:45 00:23 00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H55

Plass	Navn	Klasse										Tid	
H55													
1	Matthias Taurit	72										13:16	
	00:32=	01:03=	01:59=	05:15=	05:51=	06:12=	07:15=	08:35=	10:11=	10:34=	12:40=	13:04=	13:16=
	00:32=	00:31=	00:56=	03:16=	00:36=	00:21=	01:03=	01:20=	01:36=	00:23=	02:06=	00:24=	00:12=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Jakob Albahn	Thok										13:46	
	00:33+	00:47+	01:40+	05:05+	05:35+	05:58+	07:05+	08:34+	10:31+	10:56+	13:08+	13:35+	13:46+
	00:33+	00:14+	00:53+	03:25+	00:30+	00:23+	01:07+	01:29+	01:57+	00:25+	02:12+	00:27+	00:11+
	00:33+	00:14+	00:53+	03:25+	00:30+	00:23+	01:07+	01:29+	01:57+	00:25+	02:12+	00:27+	00:11+
3	Niels Jensen	40										14:08	
	00:44+	01:05+	02:00+	05:39+	06:15+	06:34+	07:40+	09:02+	10:53+	11:16+	13:31+	13:56+	14:08+
	00:44+	00:21+	00:55+	03:39+	00:36+	00:19+	01:06+	01:22+	01:51+	00:23+	02:15+	00:25+	00:12+
	00:44+	00:21+	00:55+	03:39+	00:36+	00:19+	01:06+	01:22+	01:51+	00:23+	02:15+	00:25+	00:12+
4	Espen Fyhn Nilsen	67										16:22	
	00:32+	00:49+	01:49+	05:53+	06:34+	07:02+	08:15+	10:19+	12:27+	12:59+	15:39+	16:08+	16:22+
	00:32+	00:17+	01:00+	04:04+	00:41+	00:28+	01:13+	02:04+	02:08+	00:32+	02:40+	00:29+	00:14+
	00:32+	00:17+	01:00+	04:04+	00:41+	00:28+	01:13+	02:04+	02:08+	00:32+	02:40+	00:29+	00:14+
5	Michael Termansen	Ok Syd										16:31	
	00:31+	00:49+	01:58+	06:04+	06:38+	07:11+	08:30+	10:12+	12:32+	13:06+	15:48+	16:20+	16:31+
	00:31+	00:18+	01:09+	04:06+	00:34+	00:33+	01:19+	01:42+	02:20+	00:34+	02:42+	00:32+	00:11+
	00:31+	00:18+	01:09+	04:06+	00:34+	00:33+	01:19+	01:42+	02:20+	00:34+	02:42+	00:32+	00:11+
6	Henning Schou	47										17:56	
	00:39+	00:58+	02:08+	06:36+	07:23+	08:08+	09:37+	11:34+	13:47+	14:23+	17:09+	17:41+	17:56+
	00:39+	00:19+	01:10+	04:28+	00:47+	00:45+	01:29+	01:57+	02:13+	00:36+	02:46+	00:32+	00:15+
	00:39+	00:19+	01:10+	04:28+	00:47+	00:45+	01:29+	01:57+	02:13+	00:36+	02:46+	00:32+	00:15+
7	Thomas Sørensen	44										21:34	
	02:29+	02:53+	04:02+	09:22+	10:22+	10:50+	12:13+	14:33+	17:05+	17:40+	20:42+	21:16+	21:34+
	02:29+	00:24+	01:09+	05:20+	01:00+	00:28+	01:23+	02:20+	02:32+	00:35+	03:02+	00:34+	00:18+
	02:29+	00:24+	01:09+	05:20+	01:00+	00:28+	01:23+	02:20+	02:32+	00:35+	03:02+	00:34+	00:18+

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H60

1	Idar Brekke						76						12:44	
	00:25=	00:39=	01:31=	04:37=	05:14=	05:39=	06:39=	08:00=	09:39=	10:03=	12:05=	12:30=	12:44=	
	00:25=	00:14=	00:52=	03:06=	00:37=	00:25=	01:00=	01:21=	01:39=	00:24=	02:02=	00:25=	00:14=	
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Jes Mose Jensen						Akif						14:32	
	00:31+	00:47+	01:44+	05:36+	06:13+	06:36+	07:47+	09:19+	11:13+	11:38+	13:57+	14:20+	14:32+	
	00:31+	00:16+	00:57+	03:52+	00:37=	00:23-	01:11+	01:32+	01:54+	00:25+	02:19+	00:23-	00:12-	
	00:06#	00:02#	00:05+	00:46#	00:00=	00:02-	00:11#	00:11#	00:15#	00:01+	00:17#	00:02-	00:02-	
3	Michael Fischer						74						14:37	
	00:36+	01:20+	02:14+	06:01+	06:27+	06:48+	07:55+	09:24+	11:13+	11:40+	13:57+	14:24+	14:37+	
	00:36+	00:44+	00:54+	03:47+	00:26-	00:21-	01:07+	01:29+	01:49+	00:27+	02:15+	00:27+	00:13-	
	00:11&	00:30@	00:02+	00:41#	00:11-	00:04-	00:07#	00:08+	00:10#	00:03#	00:17#	00:02+	00:01-	

Plass	Navn		Klasse										Tid
H60													
4	Karsten Jøhnk		Ok Syd										15:36
00:30+	00:47+	01:50+	05:44+	06:17+	06:44+	07:59+	09:50+	11:56+	12:23+	14:54+	15:20+	15:36+	
00:30+	00:17+	01:03+	03:54+	00:33-	00:27+	01:15+	01:51+	02:06+	00:27+	02:31+	00:26+	00:16+	
00:05#	00:03#	00:11#	00:48&	00:04-	00:02+	00:15#	00:30&	00:27&	00:03#	00:29#	00:01+	00:02#	
5	Jens Ozol		63										15:58
00:40+	00:58+	02:01+	06:00+	06:43+	07:08+	08:22+	10:01+	12:11+	12:41+	15:09+	15:43+	15:58+	
00:40+	00:18+	01:03+	03:59+	00:43+	00:25+	01:14+	01:39+	02:10+	00:30+	02:28+	00:34+	00:15+	
00:40+	00:18+	01:03+	03:59+	00:43+	00:25+	01:14+	01:39+	02:10+	00:30+	02:28+	00:34+	00:15+	
6	Per Eg Pedersen		28										16:03
00:33+	00:49+	01:49+	05:52+	06:34+	07:00+	08:16+	10:00+	12:12+	12:43+	15:20+	15:48+	16:03+	
00:33+	00:16+	01:00+	04:03+	00:42+	00:26+	01:16+	01:44+	02:12+	00:31+	02:37+	00:28+	00:15+	
00:33+	00:16+	01:00+	04:03+	00:42+	00:26+	01:16+	01:44+	02:12+	00:31+	02:37+	00:28+	00:15+	
7	Kenn Heldgaard Kristensen		21										16:31
00:32+	00:54+	01:58+	06:25+	06:59+	07:29+	08:45+	10:30+	12:48+	13:19+	15:49+	16:18+	16:31+	
00:32+	00:22+	01:04+	04:27+	00:34+	00:30+	01:16+	01:45+	02:18+	00:31+	02:30+	00:29+	00:13+	
00:32+	00:22+	01:04+	04:27+	00:34+	00:30+	01:16+	01:45+	02:18+	00:31+	02:30+	00:29+	00:13+	
8	Lars Nissen		40										17:32
00:43+	01:02+	02:08+	06:40+	07:19+	07:44+	09:04+	10:47+	13:21+	13:49+	16:31+	17:19+	17:32+	
00:43+	00:19+	01:06+	04:32+	00:39+	00:25+	01:20+	01:43+	02:34+	00:28+	02:42+	00:48+	00:13+	
00:43+	00:19+	01:06+	04:32+	00:39+	00:25+	01:20+	01:43+	02:34+	00:28+	02:42+	00:48+	00:13+	
9	Henrik Mathiesen		20										18:25
00:43+	01:08+	02:37+	06:44+	07:25+	08:03+	09:18+	11:05+	13:54+	14:22+	17:21+	18:08+	18:25+	
00:43+	00:25+	01:29+	04:07+	00:41+	00:38+	01:15+	01:47+	02:49+	00:28+	02:59+	00:47+	00:17+	
00:43+	00:25+	01:29+	04:07+	00:41+	00:38+	01:15+	01:47+	02:49+	00:28+	02:59+	00:47+	00:17+	
10	Morten Christensen		21										18:38
00:43+	01:38+	03:03+	07:44+	08:26+	08:51+	10:17+	12:04+	14:22+	14:54+	17:47+	18:21+	18:38+	
00:43+	00:55+	01:25+	04:41+	00:42+	00:25+	01:26+	01:47+	02:18+	00:32+	02:53+	00:34+	00:17+	
00:43+	00:55+	01:25+	04:41+	00:42+	00:25+	01:26+	01:47+	02:18+	00:32+	02:53+	00:34+	00:17+	
11	Søren Theilgaard		74										19:02
00:46+	01:32+	02:51+	07:18+	07:56+	08:23+	09:52+	11:45+	14:33+	15:05+	18:07+	18:42+	19:02+	
00:46+	00:46+	01:19+	04:27+	00:38+	00:27+	01:29+	01:53+	02:48+	00:32+	03:02+	00:35+	00:20+	
00:46+	00:46+	01:19+	04:27+	00:38+	00:27+	01:29+	01:53+	02:48+	00:32+	03:02+	00:35+	00:20+	
12	Carsten Lind Clemmensen		Rsok										20:03
00:46+	01:07+	02:23+	07:15+	08:19+	08:47+	10:18+	12:52+	15:26+	15:59+	19:09+	19:49+	20:03+	
00:46+	00:21+	01:16+	04:52+	01:04+	00:28+	01:31+	02:34+	02:34+	00:33+	03:10+	00:40+	00:14+	
00:46+	00:21+	01:16+	04:52+	01:04+	00:28+	01:31+	02:34+	02:34+	00:33+	03:10+	00:40+	00:14+	
13	Bjørn R. Christoffersen		69										21:38
00:53+	01:18+	02:35+	08:21+	09:13+	10:12+	11:38+	14:14+	16:59+	17:31+	20:43+	21:21+	21:38+	
00:53+	00:25+	01:17+	05:46+	00:52+	00:59+	01:26+	02:36+	02:45+	00:32+	03:12+	00:38+	00:17+	
00:53+	00:25+	01:17+	05:46+	00:52+	00:59+	01:26+	02:36+	02:45+	00:32+	03:12+	00:38+	00:17+	
14	Lars Ozol		63										22:31
01:10+	01:49+	03:04+	08:56+	09:58+	10:40+	12:09+	14:20+	17:20+	18:03+	21:34+	22:16+	22:31+	
01:10+	00:39+	01:15+	05:52+	01:02+	00:42+	01:29+	02:11+	03:00+	00:43+	03:31+	00:42+	00:15+	
01:10+	00:39+	01:15+	05:52+	01:02+	00:42+	01:29+	02:11+	03:00+	00:43+	03:31+	00:42+	00:15+	
15	Lars Humle		Akif										30:38
02:10+	03:13+	05:10+	12:01+	13:52+	15:08+	17:12+	20:04+	24:05+	24:59+	29:18+	30:12+	30:38+	
02:10+	01:03+	01:57+	06:51+	01:51+	01:16+	02:04+	02:52+	04:01+	00:54+	04:19+	00:54+	00:26+	
02:10+	01:03+	01:57+	06:51+	01:51+	01:16+	02:04+	02:52+	04:01+	00:54+	04:19+	00:54+	00:26+	

Plass	Navn	Klasse	Tid
H60			
Beste stræktid for klassen			
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
H65			
1	Ole Gadsbølle	40	13:24
00:30= 00:52= 01:48= 05:06= 05:42= 06:06= 07:07= 08:30= 10:15= 10:38= 12:45= 13:11= 13:24=			
00:30= 00:22= 00:56= 03:18= 00:36= 00:24= 01:01= 01:23= 01:45= 00:23= 02:07= 00:26= 00:13=			
00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
2	Niels Stadel	63	17:04
00:40+ 01:26+ 02:42+ 07:08+ 07:39+ 08:03+ 09:18+ 10:56+ 12:58+ 13:25+ 16:13+ 16:48+ 17:04+			
00:40+ 00:46+ 01:16+ 04:26+ 00:31- 00:24= 01:15+ 01:38+ 02:02+ 00:27+ 02:48+ 00:35+ 00:16+			
00:10& 00:24@ 00:20& 01:08& 00:05- 00:00= 00:14# 00:15# 00:17# 00:04# 00:41& 00:09& 00:03#			
3	Jens Bentsen	51	17:05
00:53+ 01:10+ 02:14+ 06:31+ 07:09+ 07:40+ 09:00+ 10:43+ 12:53+ 13:22+ 15:54+ 16:48+ 17:05+			
00:53+ 00:17- 01:04+ 04:17+ 00:38+ 00:31+ 01:20+ 01:43+ 02:10+ 00:29+ 02:32+ 00:54+ 00:17+			
00:23& 00:05- 00:08# 00:59& 00:02+ 00:07& 00:19& 00:20# 00:25# 00:06& 00:25# 00:28@ 00:04&			
4	Egon Sloth	75	17:13
00:45+ 01:29+ 02:30+ 06:32+ 07:14+ 07:39+ 08:55+ 10:34+ 13:25+ 13:53+ 16:28+ 16:58+ 17:13+			
00:45+ 00:44+ 01:01+ 04:02+ 00:42+ 00:25+ 01:16+ 01:39+ 02:51+ 00:28+ 02:35+ 00:30+ 00:15+			
00:15& 00:22& 00:05+ 00:44# 00:06# 00:01+ 00:15# 00:16# 01:06& 00:05# 00:28# 00:04# 00:02#			
5	Axel Oscar Damgaard	54	17:39
00:45+ 01:04+ 02:16+ 07:04+ 07:45+ 08:13+ 09:36+ 11:25+ 13:36+ 14:05+ 16:50+ 17:21+ 17:39+			
00:45+ 00:19- 01:12+ 04:48+ 00:41+ 00:28+ 01:23+ 01:49+ 02:11+ 00:29+ 02:45+ 00:31+ 00:18+			
00:15& 00:03- 00:16& 01:30& 00:05# 00:04# 00:22& 00:26& 00:26# 00:06& 00:38& 00:05# 00:05&			
6	Uwe Dresel	62	18:52
00:49+ 01:34+ 02:47+ 07:27+ 08:15+ 08:41+ 10:09+ 12:03+ 14:42+ 15:12+ 18:04+ 18:37+ 18:52+			
00:49+ 00:45+ 01:13+ 04:40+ 00:48+ 00:26+ 01:28+ 01:54+ 02:39+ 00:30+ 02:52+ 00:33+ 00:15+			
00:19& 00:23@ 00:17& 01:22& 00:12& 00:02+ 00:27& 00:31& 00:54& 00:07& 00:45& 00:07& 00:02#			
7	Thomas Østergaard	51	19:13
00:38+ 01:09+ 02:17+ 07:54+ 08:37+ 09:03+ 10:28+ 12:24+ 14:48+ 15:20+ 18:23+ 18:58+ 19:13+			
00:38+ 00:31+ 01:08+ 05:37+ 00:43+ 00:26+ 01:25+ 01:56+ 02:24+ 00:32+ 03:03+ 00:35+ 00:15+			
00:08& 00:09& 00:12# 02:19& 00:07# 00:02+ 00:24& 00:33& 00:39& 00:09& 00:56& 00:09& 00:02#			
8	Lars T. Munch	47	19:58
00:53+ 01:18+ 02:30+ 07:02+ 07:43+ 08:14+ 09:46+ 11:37+ 14:58+ 15:28+ 18:25+ 19:41+ 19:58+			
00:53+ 00:25+ 01:12+ 04:32+ 00:41+ 00:31+ 01:32+ 01:51+ 03:21+ 00:30+ 02:57+ 01:16+ 00:17+			
00:23& 00:03# 00:16& 01:14& 00:05# 00:07& 00:31& 00:28& 01:36& 00:07& 00:50& 00:50@ 00:04&			
9	Roar Nydal	Røyken	20:08
00:45+ 01:07+ 02:21+ 08:19+ 09:04+ 09:31+ 10:57+ 13:04+ 15:43+ 16:18+ 19:16+ 19:54+ 20:08+			
00:45+ 00:22= 01:14+ 05:58+ 00:45+ 00:27+ 01:26+ 02:07+ 02:39+ 00:35+ 02:58+ 00:38+ 00:14+			
00:15& 00:00= 00:18& 02:40& 00:09# 00:03# 00:25& 00:44& 00:54& 00:12& 00:51& 00:12& 00:01+			
10	Søren Klingenberg	13	20:49
00:43+ 01:04+ 02:25+ 07:49+ 08:34+ 09:05+ 10:52+ 13:09+ 15:52+ 16:29+ 19:53+ 20:31+ 20:49+			
00:43+ 00:21- 01:21+ 05:24+ 00:45+ 00:31+ 01:47+ 02:17+ 02:43+ 00:37+ 03:24+ 00:38+ 00:18+			
00:13& 00:01- 00:25& 02:06& 00:09# 00:07& 00:46& 00:54& 00:58& 00:14& 01:17& 00:12& 00:05&			

Plass	Navn	Klasse	Tid
H65			
11	Christian Schibsed	61	21:13
00:48+	02:43+	04:03+	09:01+
00:48+	01:55+	01:20+	04:58+
00:18&	01:33@	00:24&	01:40&
		00:13&	00:04#
		01:06@	00:26&
		00:41&	00:14&
		01:03&	00:08&
		00:01-	
12	Svend Erik Skovsgaard	73	21:33
02:18+	02:40+	03:53+	08:56+
02:18+	00:22+	01:13+	05:03+
02:18+	00:22+	01:13+	05:03+
		00:51+	00:32+
		01:32+	02:01+
		02:54+	00:40+
		03:12+	00:37+
		00:37+	00:18+
		03:12+	00:37+
		00:37+	00:18+
13	Erling Trankjær	Hok	21:43
01:01+	03:09+	04:33+	08:40+
01:01+	02:08+	01:24+	04:07+
01:01+	02:08+	01:24+	04:07+
		00:38+	00:33+
		03:47+	02:46+
		01:05+	02:56+
		01:02+	00:16+
		01:02+	00:16+
14	Kjeld Tidemand	73	24:51
00:50+	01:15+	02:34+	08:19+
00:50+	00:25+	01:19+	05:45+
00:50+	00:25+	01:19+	05:45+
		01:04+	01:43+
		01:58+	02:23+
		03:15+	00:46+
		04:16+	00:47+
		00:47+	00:20+
		04:16+	00:47+
		00:47+	00:20+
15	Peter Skov Nielsen	47	25:33
00:44+	01:37+	03:04+	08:31+
00:44+	00:53+	01:27+	05:27+
00:44+	00:53+	01:27+	05:27+
		00:51+	00:34+
		01:43+	02:10+
		04:11+	00:42+
		05:36+	00:48+
		00:48+	00:27+
		05:36+	00:48+
		00:48+	00:27+
16	Kaj Munck	20	30:22
00:43+	03:55+	05:31+	11:33+
00:43+	03:12+	01:36+	06:02+
00:43+	03:12+	01:36+	06:02+
		00:59+	02:55+
		01:52+	02:34+
		04:51+	00:42+
		03:54+	00:39+
		00:39+	00:23+
		03:54+	00:39+
		00:39+	00:23+
Beste stræktid for klassen			
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
H70			
1	Tom Arild Karlsen	11	12:16
00:22=	01:04=	02:11=	03:41=
00:22=	00:42=	01:07=	01:30=
00:00=	00:00=	00:00=	00:00=
		00:00=	00:00=
		00:00=	00:00=
		00:00=	00:00=
		00:00=	00:00=
		00:00=	00:00=
		00:00=	00:00=
2	Keld Gade	73	13:09
00:34+	01:20+	02:31+	04:07+
00:34+	00:46+	01:11+	01:36+
00:12&	00:04+	00:04+	00:06+
		00:23#	00:02-
		00:04+	00:03+
		00:01-	00:01-
		00:01-	00:01+
3	Stig Barrett	73	13:15
00:28+	01:30+	02:41+	04:20+
00:28+	01:02+	01:11+	01:39+
00:06&	00:20&	00:04+	00:09+
		00:00=	00:05-
		00:16#	00:07#
		00:02-	00:03#
		00:01+	
4	Terje Rasmussen	54	14:34
00:35+	01:30+	02:56+	04:49+
00:35+	00:55+	01:26+	01:53+
00:13&	00:13&	00:19&	00:23&
		00:21#	00:06#
		00:12#	00:09#
		00:13+	00:07#
		00:02#	

Plass	Navn	Klasse	Tid
H70			
5	Stein Coward	37	14:52
00:37+	01:33+	02:55+	04:40+
00:37+	00:56+	01:22+	01:45+
00:15&	00:14&	00:15#	00:15#
07:57+	08:54+	10:28+	11:11+
03:17+	00:57+	01:34+	00:43+
00:27#	00:11#	00:17#	00:07#
02:50+	00:34+	00:25#	00:06#
14:35+	14:52+	00:04&	
6	Søren Munthe	32	15:14
00:25+	01:12+	02:36+	04:39+
00:25+	00:47+	01:24+	02:03+
00:25+	00:47+	01:24+	02:03+
08:02+	08:55+	10:28+	11:23+
00:53+	00:53+	01:33+	00:55+
03:23+	00:53+	01:33+	00:55+
03:01+	00:34+	00:16+	
14:24+	14:58+	15:14+	
7	Kjell Walter Sørensen	50	15:46
00:20+	01:20+	02:40+	04:29+
00:20+	01:00+	01:20+	01:49+
00:20+	01:00+	01:20+	01:49+
08:38+	11:20+	12:04+	15:02+
00:51+	02:42+	00:44+	02:58+
02:42+	00:44+	02:58+	00:29+
00:15+			
8	Sven Madsen	41	15:56
00:24+	01:21+	03:22+	05:05+
00:24+	00:57+	02:01+	01:43+
00:24+	00:57+	02:01+	01:43+
08:23+	09:08+	11:18+	12:06+
02:10+	00:48+	03:01+	00:33+
02:10+	00:48+	03:01+	00:33+
15:07+	15:40+	15:56+	
9	Ragnar Berg	68	16:32
00:39+	03:11+	05:12+	09:01+
00:39+	02:32+	02:01+	03:49+
00:39+	02:32+	02:01+	03:49+
09:54+	11:36+	12:24+	15:39+
01:42+	00:48+	03:15+	00:37+
00:16+			
10	Kurt Finn Petersen	12	17:45
00:28+	01:25+	02:59+	05:02+
00:28+	00:57+	01:34+	02:03+
00:28+	00:57+	01:34+	02:03+
10:01+	12:52+	13:42+	16:50+
02:51+	00:50+	03:08+	00:39+
02:51+	00:50+	03:08+	00:39+
17:29+	17:45+	00:16+	
11	Poul Egander Grøn	63	19:23
00:22+	01:22+	03:05+	05:19+
00:22+	01:00+	01:43+	02:14+
00:22+	01:00+	01:43+	02:14+
10:42+	12:25+	14:30+	18:26+
01:00+	01:43+	02:05+	03:56+
01:43+	02:05+	03:56+	00:40+
19:06+	19:23+	00:17+	
12	Niels Møller Petersen	41	20:15
02:00+	03:16+	05:04+	07:25+
02:00+	01:16+	01:48+	02:21+
02:00+	01:16+	01:48+	02:21+
11:34+	12:42+	14:35+	15:30+
01:08+	01:53+	00:55+	03:32+
01:08+	01:53+	00:55+	03:32+
19:02+	19:52+	20:15+	
13	Kjell Svanberg	61	21:10
00:35+	01:58+	03:54+	06:38+
00:35+	01:23+	01:56+	02:44+
00:35+	01:23+	01:56+	02:44+
11:12+	12:19+	14:51+	15:55+
01:07+	02:32+	01:04+	04:06+
01:07+	02:32+	01:04+	04:06+
20:01+	20:50+	21:10+	
14	Trond Tore Ceeberg	5	26:32
00:44+	02:26+	05:43+	08:28+
00:44+	01:42+	03:17+	02:45+
00:44+	01:42+	03:17+	02:45+
14:37+	15:58+	19:04+	20:20+
03:06+	01:16+	04:47+	00:56+
03:06+	01:16+	04:47+	00:56+
26:03+	26:32+	00:29+	
15	Jørgen Bang	40	26:55
00:57+	02:23+	04:48+	08:09+
00:57+	01:26+	02:25+	03:21+
00:57+	01:26+	02:25+	03:21+
14:33+	16:05+	18:48+	20:03+
01:32+	02:43+	01:15+	05:13+
01:32+	02:43+	01:15+	05:13+
26:18+	26:55+	00:37+	

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Plass	Navn	Klasse	Tid
H75			
1	Jørgen Münster-Swendsen	63	13:04
00:30=	01:28=	02:42=	04:17=
00:30=	00:58=	01:14=	01:35=
00:00=	00:00=	00:00=	00:00=
2	Hans Aage Hvalsøe Hansen	12	14:54
00:22-	01:14-	02:34-	04:25+
00:22-	00:52-	01:20+	01:51+
00:08-	00:06-	00:06+	00:16#
3	Erik Ljungdahl	13	15:07
00:32+	01:17-	02:40-	04:28+
00:32+	00:45-	01:23+	01:48+
00:02+	00:13-	00:09#	00:13#
4	Torben Isen	21	16:04
00:37+	01:38+	03:04+	05:06+
00:37+	01:01+	01:26+	02:02+
00:07#	00:03+	00:12#	00:27&
5	Poul Bobach	74	16:14
00:22-	01:16-	02:46+	04:54+
00:22-	00:54-	01:30+	02:08+
00:08-	00:04-	00:16#	00:33&
6	Hermann P. Jensen	35	16:32
00:27-	01:28=	03:05+	05:00+
00:27-	01:01+	01:37+	01:55+
00:03-	00:03+	00:23&	00:20#
7	Mike Intgroen	Kovz	16:48
00:22-	01:38+	03:10+	05:12+
00:22-	01:16+	01:32+	02:02+
00:08-	00:18&	00:18#	00:27&
8	Carl Malling	55	17:59
00:26-	01:28=	04:25+	06:14+
00:26-	01:02+	02:57+	01:49+
00:04-	00:04+	01:43@	00:14#
9	Widar Taxth Løland	22	18:29
00:33+	01:40+	03:19+	05:32+
00:33+	01:07+	01:39+	02:13+
00:03+	00:09#	00:25&	00:38&
10	Niels Bobach	74	20:30
00:37+	01:50+	03:47+	06:20+
00:37+	01:13+	01:57+	02:33+
00:07#	00:15&	00:43&	00:58&
11	Troels Munthe	32	21:50
01:59+	03:12+	05:25+	07:44+
01:59+	01:13+	02:13+	02:19+
01:29@	00:15&	00:59&	00:44&
12	Vagn Hansen	43	22:31
02:24+	04:28+	06:35+	08:57+
02:24+	02:04+	02:07+	02:22+
01:54@	01:06@	00:53&	00:47&

Plass	Navn	Klasse	Tid
H75			
13	Ole Thy	Rsok	23:36
01:35+	02:56+	04:56+	07:33+
01:35+	01:21+	02:00+	02:37+
01:05@	00:23&	00:46&	01:02&
	01:55&	01:02@	00:52&
		00:40@	02:28@
			00:14&
			00:05&
14	Bjørn Ceeberg	17	24:17
00:51+	02:12+	04:29+	07:26+
00:51+	01:21+	02:17+	02:57+
00:51+	01:21+	02:17+	02:57+
		05:21+	01:10+
		02:28+	01:15+
		04:50+	01:20+
			00:27+
			00:27+
15	Børge Pedersen	39	26:01
01:16+	03:02+	06:08+	09:12+
01:16+	01:46+	03:06+	03:04+
01:16+	01:46+	03:06+	03:04+
		05:41+	01:19+
		02:28+	01:08+
		04:50+	00:54+
			00:29+
			00:29+
16	Øyvvin Simonsen	27	26:25
00:48+	02:15+	04:37+	07:32+
00:48+	01:27+	02:22+	02:55+
00:48+	01:27+	02:22+	02:55+
		06:39+	01:18+
		02:39+	01:08+
		04:37+	02:00+
			00:32+
			00:32+
Beste stræktid for klassen			
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
H80			
1	Finn Hørup Nielsen	50	15:02
00:21=	01:32=	02:53=	04:34=
00:21=	01:11=	01:21=	01:41=
00:00=	00:00=	00:00=	00:00=
		00:00=	00:00=
		00:00=	00:00=
		00:00=	00:00=
		00:00=	00:00=
		00:00=	00:00=
		00:00=	00:00=
2	Geir Trøan	34	15:57
00:23+	01:20-	02:45-	04:47+
00:23+	00:57-	01:25+	02:02+
00:02+	00:14-	00:04+	00:21#
		00:14+	00:02-
		00:01-	00:02+
		00:28#	00:01-
			00:02#
3	Øyvind Egeskog	67	17:44
00:28+	01:47+	03:57+	05:57+
00:28+	01:19+	02:10+	02:00+
00:07&	00:08#	00:49&	00:19#
		00:40#	00:02+
		00:02-	00:02+
		00:02-	00:02+
		00:38#	00:00=
			00:01-
4	Ove Splittorff	69	17:54
00:31+	01:33+	03:38+	05:45+
00:31+	01:02-	02:05+	02:07+
00:10&	00:09-	00:44&	00:26&
		00:35#	00:05#
		00:05#	02:03+
		00:19#	00:13&
			00:28#
			00:01-
			00:02#
5	Svein Kåre Glendrange	66	20:14
00:36+	01:49+	03:34+	05:51+
00:36+	01:13+	01:45+	02:17+
00:15&	00:02+	00:24&	00:36&
		01:40&	00:15&
		00:19#	00:13&
		00:13&	01:08&
			00:13&
			00:07&
6	Knud Lykking	Ok73	20:27
00:35+	01:44+	03:31+	05:57+
00:35+	01:09-	01:47+	02:26+
00:14&	00:02-	00:26&	00:45&
		01:11&	01:15@
		00:19#	00:09#
		01:02&	00:21&
			01:49@
			00:26+

Plass	Navn	Klasse	Tid
H80			
7	Gunner Jørgensen	Ok73	21:10
00:34+ 02:16+ 04:23+ 06:53+ 11:33+ 12:57+ 14:51+ 15:48+ 20:01+ 20:48+ 21:10+ 00:34+ 01:42+ 02:07+ 02:30+ 04:40+ 01:24+ 01:54+ 00:57+ 04:13+ 00:47+ 00:22+ 00:13& 00:31& 00:46& 00:49& 01:12& 00:35& 00:10+ 00:09# 01:26& 00:10& 00:07&			
8	Flemming Wedell	39	22:14
01:16+ 02:21+ 04:07+ 06:11+ 09:48+ 11:38+ 14:27+ 15:24+ 20:46+ 21:43+ 22:14+ 01:16+ 01:05+ 01:46+ 02:04+ 03:37+ 01:50+ 02:49+ 00:57+ 05:22+ 00:57+ 00:31+ 01:16+ 01:05+ 01:46+ 02:04+ 03:37+ 01:50+ 02:49+ 00:57+ 05:22+ 00:57+ 00:31+			
9	Palle Møller Nielsen	39	23:40
00:41+ 02:14+ 04:21+ 07:10+ 12:41+ 13:47+ 16:08+ 17:11+ 21:55+ 23:12+ 23:40+ 00:41+ 01:33+ 02:07+ 02:49+ 05:31+ 01:06+ 02:21+ 01:03+ 04:44+ 01:17+ 00:28+ 00:41+ 01:33+ 02:07+ 02:49+ 05:31+ 01:06+ 02:21+ 01:03+ 04:44+ 01:17+ 00:28+			
10	Karsten Funder	10	24:23
00:30+ 01:34+ 03:34+ 06:03+ 11:12+ 12:30+ 15:00+ 16:07+ 22:30+ 23:58+ 24:23+ 00:30+ 01:04+ 02:00+ 02:29+ 05:09+ 01:18+ 02:30+ 01:07+ 06:23+ 01:28+ 00:25+ 00:30+ 01:04+ 02:00+ 02:29+ 05:09+ 01:18+ 02:30+ 01:07+ 06:23+ 01:28+ 00:25+			
11	Per F. Henriksen	43	24:48
00:40+ 02:39+ 04:45+ 07:42+ 12:56+ 14:06+ 16:28+ 17:32+ 23:02+ 24:18+ 24:48+ 00:40+ 01:59+ 02:06+ 02:57+ 05:14+ 01:10+ 02:22+ 01:04+ 05:30+ 01:16+ 00:30+ 00:40+ 01:59+ 02:06+ 02:57+ 05:14+ 01:10+ 02:22+ 01:04+ 05:30+ 01:16+ 00:30+			
12	Frede Jacobsen	Ok Syd	28:53
01:13+ 03:11+ 06:34+ 09:51+ 15:50+ 17:31+ 21:01+ 22:19+ 27:30+ 28:24+ 28:53+ 01:13+ 01:58+ 03:23+ 03:17+ 05:59+ 01:41+ 03:30+ 01:18+ 05:11+ 00:54+ 00:29+ 01:13+ 01:58+ 03:23+ 03:17+ 05:59+ 01:41+ 03:30+ 01:18+ 05:11+ 00:54+ 00:29+			
13	Knut Skjæveland	14	32:35
00:34+ 02:25+ 04:12+ 06:31+ 10:41+ 11:45+ 15:29+ 16:34+ 31:16+ 32:15+ 32:35+ 00:34+ 01:51+ 01:47+ 02:19+ 04:10+ 01:04+ 03:44+ 01:05+ 14:42+ 00:59+ 00:20+ 00:34+ 01:51+ 01:47+ 02:19+ 04:10+ 01:04+ 03:44+ 01:05+ 14:42+ 00:59+ 00:20+			
14	Jørn Andreassen	Ok73	33:15
00:43+ 02:31+ 05:29+ 09:01+ 16:31+ 17:56+ 21:15+ 22:34+ 31:40+ 32:44+ 33:15+ 00:43+ 01:48+ 02:58+ 03:32+ 07:30+ 01:25+ 03:19+ 01:19+ 09:06+ 01:04+ 00:31+ 00:43+ 01:48+ 02:58+ 03:32+ 07:30+ 01:25+ 03:19+ 01:19+ 09:06+ 01:04+ 00:31+			
Beste stræktid for klassen			
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
H85			
1	Jørgen Jensen	19	19:14
00:37= 01:54= 03:46= 06:12= 10:27= 11:27= 13:38= 14:28= 18:15= 18:58= 19:14= 00:37= 01:17= 01:52= 02:26= 04:15= 01:00= 02:11= 00:50= 03:47= 00:43= 00:16= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
2	Asger Kristensen	21	22:00
00:32- 01:45- 03:46= 06:28+ 11:48+ 13:05+ 15:19+ 16:28+ 20:50+ 21:38+ 22:00+ 00:32- 01:13- 02:01+ 02:42+ 05:20+ 01:17+ 02:14+ 01:09+ 04:22+ 00:48+ 00:22+ 00:05- 00:04- 00:09+ 00:16# 01:05& 00:17& 00:03+ 00:19& 00:35# 00:05# 00:06&			

Plass	Navn	Klasse	Tid
H85			
3	Henning Løwenstein	10	23:17
00:49+ 02:14+ 04:22+ 07:12+ 12:34+ 13:56+ 16:17+ 17:21+ 21:49+ 22:43+ 23:17+ 00:49+ 01:25+ 02:08+ 02:50+ 05:22+ 01:22+ 02:21+ 01:04+ 04:28+ 00:54+ 00:34+ 00:12& 00:08# 00:16# 00:24# 01:07& 00:22& 00:10+ 00:14& 00:41# 00:11& 00:18@			
4	Kai Ø. Laursen	74	25:50
00:39+ 02:06+ 04:20+ 07:16+ 12:57+ 14:10+ 16:58+ 19:27+ 24:01+ 25:27+ 25:50+ 00:39+ 01:27+ 02:14+ 02:56+ 05:41+ 01:13+ 02:48+ 02:29+ 04:34+ 01:26+ 00:23+ 00:39+ 01:27+ 02:14+ 02:56+ 05:41+ 01:13+ 02:48+ 02:29+ 04:34+ 01:26+ 00:23+			
Beste stræktid for klassen			
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
Åben 1			
1	claus børsting	20	20:22
00:44= 02:06= 02:32= 06:02= 07:33= 07:57= 08:24= 09:07= 09:35= 11:26= 12:25= 13:30= 14:25= 15:05= 16:08= 16:48= 18:20= 19:36= 20:06= 20:22= 00:44= 01:22= 00:26= 03:30= 01:31= 00:24= 00:27= 00:43= 00:28= 01:51= 00:59= 01:05= 00:55= 00:40= 01:03= 00:40= 01:32= 01:16= 00:30= 00:16= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
2	Lisa	NOTEAM	20:43
00:43- 02:01- 02:24- 06:45+ 08:12+ 08:38+ 09:08+ 09:48+ 10:26+ 12:07+ 13:02+ 14:04+ 14:53+ 15:32+ 16:43+ 17:21+ 18:48+ 20:01+ 20:30+ 20:43+ 00:43- 01:18- 00:23- 04:21+ 01:27- 00:26+ 00:30+ 00:40- 00:38+ 01:41- 00:55- 01:02- 00:49- 00:39- 01:11+ 00:38- 01:27- 01:13- 00:29- 00:13- 00:01- 00:04- 00:03- 00:51# 00:04- 00:02+ 00:03# 00:03- 00:10& 00:10- 00:04- 00:03- 00:06- 00:01- 00:08# 00:02- 00:05- 00:03- 00:01- 00:03-			
Beste stræktid for klassen			
00:43 01:18 00:23 03:30 01:27 00:24 00:27 00:40 00:28 01:41 00:55 01:02 00:49 00:39 01:03 00:38 01:27 01:13 00:29 00:13			
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.			
Åben 3			
1	Kristin Balchen	38	17:11
00:41= 00:57= 01:49= 07:59= 09:00= 09:21= 10:33= 12:07= 14:01= 14:27= 16:37= 17:02= 17:11= 00:41= 00:16= 00:52= 06:10= 01:01= 00:21= 01:12= 01:34= 01:54= 00:26= 02:10= 00:25= 00:09= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
2	Frode Sørensen	26	18:28
00:37- 00:58+ 02:07+ 07:44- 08:25- 08:55- 10:11- 11:53- 14:08+ 14:40+ 17:30+ 18:13+ 18:28+ 00:37- 00:21+ 01:09+ 05:37- 00:41- 00:30+ 01:16+ 01:42+ 02:15+ 00:32+ 02:50+ 00:43+ 00:15+ 00:04- 00:05& 00:17& 00:33- 00:20- 00:09& 00:04+ 00:08+ 00:21# 00:06# 00:40& 00:18& 00:06&			
3	Bjørn stormoen	7	21:41
01:56+ 02:16+ 03:28+ 08:39+ 11:11+ 11:38+ 13:00+ 14:52+ 17:24+ 17:58+ 20:48+ 21:24+ 21:41+ 01:56+ 00:20+ 01:12+ 05:11- 02:32+ 00:27+ 01:22+ 01:52+ 02:32+ 00:34+ 02:50+ 00:36+ 00:17+ 01:15@ 00:04# 00:20& 00:59- 01:31@ 00:06& 00:10# 00:18# 00:38& 00:08& 00:40& 00:11& 00:08&			
4	Jakob Holm	OK PAN	22:09
00:32- 01:49+ 03:05+ 09:27+ 10:08+ 10:46+ 12:14+ 14:08+ 17:08+ 17:48+ 21:09+ 21:47+ 22:09+ 00:32- 01:17+ 01:16+ 06:22+ 00:41- 00:38+ 01:28+ 01:54+ 03:00+ 00:40+ 03:21+ 00:38+ 00:22+ 00:09- 01:01@ 00:24& 00:12+ 00:20- 00:17& 00:16# 00:20# 01:06& 00:14& 01:11& 00:13& 00:13@			

Plass	Navn	Klasse	Tid
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Åben 3

5	Peter Krogh											51	33:08
01:19+	01:55+	04:12+	13:14+	14:27+	15:15+	17:42+	21:12+	25:32+	26:24+	31:36+	32:32+	33:08+	
01:19+	00:36+	02:17+	09:02+	01:13+	00:48+	02:27+	03:30+	04:20+	00:52+	05:12+	00:56+	00:36+	
00:38&	00:20@	01:25@	02:52&	00:12#	00:27@	01:15@	01:56@	02:26@	00:26&	03:02@	00:31@	00:27@	

Beste stræktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben 4

1	Hans Christian Strib										62	16:16
00:30=	01:23=	02:47=	04:49=	08:50=	09:42=	11:27=	12:13=	15:22=	16:00=	16:16=		
00:30=	00:53=	01:24=	02:02=	04:01=	00:52=	01:45=	00:46=	03:09=	00:38=	00:16=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	erik damsgaard										22	16:59
00:30=	01:40+	03:09+	05:09+	09:32+	10:20+	12:10+	12:58+	16:11+	16:46+	16:59+		
00:30=	01:10+	01:29+	02:00-	04:23+	00:48-	01:50+	00:48+	03:13+	00:35-	00:13-		
00:00=	00:17&	00:05+	00:02-	00:22+	00:04-	00:05+	00:02+	00:04+	00:03-	00:03-		

Beste stræktid for klassen

00:30 00:53 01:24 02:00 04:01 00:48 01:45 00:46 03:09 00:35 00:13

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben 5

1	Agnete Trier Hauge										36	17:28
00:40=	01:46=	02:43=	05:23=	06:01=	07:36=	10:27=	12:33=	14:23=	16:26=	17:16=	17:28=	
00:40=	01:06=	00:57=	02:40=	00:38=	01:35=	02:51=	02:06=	01:50=	02:03=	00:50=	00:12=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Sander Popp Bobach										74	19:20
00:39-	01:45-	02:47+	05:15-	06:06+	08:14+	11:20+	13:38+	15:52+	18:38+	19:07+	19:20+	
00:39-	01:06=	01:02+	02:28-	00:51+	02:08+	03:06+	02:18+	02:14+	02:46+	00:29-	00:13+	
00:01-	00:00=	00:05+	00:12-	00:13&	00:33&	00:15+	00:12+	00:24#	00:43&	00:21-	00:01+	

Beste stræktid for klassen

00:39 01:06 00:57 02:28 00:38 01:35 02:51 02:06 01:50 02:03 00:29 00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben 6

1	julie leerskov										NOTEAM	28:43
00:12=	01:07=	07:03=	09:09=	10:54=	13:16=	17:23=	20:12=	26:30=	28:00=	28:43=		
00:12=	00:55=	05:56=	02:06=	01:45=	02:22=	04:07=	02:49=	06:18=	01:30=	00:43=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Mari Thygesen Alvestad										26	37:56
00:09-	01:49+	11:57+	14:51+	19:12+	23:29+	26:48+	33:06+	35:30+	37:16+	37:56+		
00:09-	01:40+	10:08+	02:54+	04:21+	04:17+	03:19-	06:18+	02:24-	01:46+	00:40-		
00:03-	00:45&	04:12&	00:48&	02:36@	01:55&	00:48-	03:29@	03:54-	00:16#	00:03-		

Plass	Navn	Klasse	Tid
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Åben 6

Beste stræktid for klassen

00:09 00:55 05:56 02:06 01:45 02:22 03:19 02:49 02:24 01:30 00:40

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.